



## PE and Sport 2021/2022 at St Leonard's CE(VA) First School

*"The LORD will guide you continually, watering your life when you are dry and keeping you healthy, too. You will be like a well-watered garden, like an ever-flowing spring" (Isaiah 58:11).*

### What is Sports premium?

The Government provides primary school sport funding. Provided jointly by; the Departments for Education, Health and Culture and Media and Sport. This money goes directly to Headteachers to spend on improving the quality of sport and PE for all of their children. The money can only be spent on this. Although schools do have the freedom to decide how it will be used, the school has to show how it is sustainable and having a positive impact on pupils encouraging them to be active and engaged in sport long term.

Possible uses for the funding include:

- To increase fitness and health following the pandemic
- Hiring specialist sports coaches or PE teachers to work alongside teachers
- New or additional Change4life sports clubs
- Paying for staff training in Sport/PE
- Running sports competitions or increasing participation in the school games
- Buying materials for PE and Sport

### How will St Leonard's use its sports premium?

This school year, St Leonard's has access to £28,000 Sport Premium funding, which will help us to increase fitness and improve health following the pandemic. We will continue to improve the breadth and quality of PE and Sport and encourage as many children as possible to take part in a range of activities.

£10,000 has been carried over from last year which will be used to contribute to our full playground renovation. £18,000 will be used to fund structured after school and lunch Sport clubs, PE enrichment days to introduce our pupils to new sporting activities, forest school training and purchase of equipment and the purchase of 2 wheeled bikes to support the EYFS curriculum goals.

## What PE and Sport do we provide for ALL of our children?

We provide two hours per week of high quality PE provision within our curriculum time. This is provided by our local ASM Sports company and other local specialist coaches that run local gymnastics clubs and dance schools. Teachers also work alongside coaches and specialists to improve their own practice. Our PE subject leader is the Headteacher who is passionate about making sure St Leonards is an all round active school.

See <http://www.asmsports.co.uk/>

Lessons are planned and differentiated to the children's needs and assessment for learning takes place to inform future planning. Records of pupils' achievements are kept on a computerised system.

All children access the following types of physical activity:

Multi-skills			
Invasion games			
Wall and net games			
Striking and fielding games			
Athletics			
Gymnastics			
Dance			
Outdoor and adventurous activities			

## What PE and Sport do we provide for ALL of our children?

All children at St Leonard's from Reception to Year 4 go to Waterhouses School for a weekly swimming lesson for the whole of the summer term. It is our priority to have every child feeling confident and safe in the water.

All children have access to a wide range of physical equipment at break times and lunchtimes from our outdoor stores and climbing equipment on the school playground.

We have school leaders who set up a variety of games and encourage others to play.

Each Friday morning on entry to school all pupils engage in 'Fitness Friday'. The school's pupil sports leaders set up and supervise four different activity stations and our four school house teams rotate around them. (this is currently on hold due to covid measures).

Throughout the year we hold a variety of fun activity sessions to raise funds for charities such as Race for Life for cancer research and skipping for the British Heart Foundation.



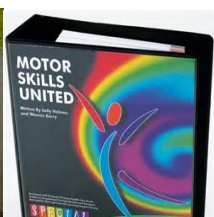
## What additional PE and Sport do we provide for our Early Years and Year 1 children?

Children in Reception and Year 1 have additional time to develop their gross and fine motor skills each day. They engage in teacher led activities from the Motor Skills United programme, 'Write-dance' a programme which enhances handwriting through dance (purchased using a previous year's sports funding) and dough disco gym. They play circle games and parachute games.

These children also have a daily funky fingers table where they engage in fine motor skills activities.

They have access to large equipment such as bikes, trikes, pedal and balance toys and tyres to climb on in their outdoor area. This equipment is used where possible to enhance phonics and maths sessions too.

Life in our 'sparks' class is an overall 'physical' experience. Children rarely sit still, they engage in practical learning wherever possible both indoors and outdoors with a range of challenge stations to choose from each day in addition to their adult led teaching sessions.



### **What additional PE and Sport do we provide for all of our children?**

In 2016 the school introduced 'Welly Wednesday' for all pupils, which has grown now into Wednesday's being an active day all round where children come in their PE tracksuits, wear wellies and get muddy. Each Wednesday children engage in Maths, English, Science or Foundation subject lessons outdoors for some of the day. This gives our pupils the opportunity to learn in the outdoor environment, whilst keeping active and healthy and appreciating the 'awe' and 'wonder' of the natural environment we are so lucky to have.



Some of the current staff who were here in 2017 engaged in training of a teaching resource called 'Maths of the Day' where Maths lessons are taught in an active way. We endeavour to make as many Maths and Phonics sessions as active as possible for our pupils. Three times each year we will hold PE sport days where we give our pupils the chance to try new and alternative sports such as fencing, archery, boxing and scooter skills. Swimming lessons for all year groups are carried out weekly throughout the Summer Term. This is currently on hold due to Covid measures.

### **What additional PE and Sport do we provide for our Year 4 children?**

As part of our wide and varied curriculum, children in year 4 spend 4 days with children from our local cluster of schools at a local Outdoor Pursuits Centre, Laches Wood. During their stay they have the opportunity to learn and develop new skills. They enjoy many outdoor activities including orienteering, caving, canoeing, hiking climbing and mountain biking. Children learn to be more independent and the importance of working together as a team. They also make valuable friends from other schools that they will meet again at Middle school. This has been on hold for the last 2 years due to the pandemic but is due to re-commence in the Summer Term 2022.

