

Respect



Love



Endeavour



Curiosity



St. Leonard's CE (A) First School Newsletter

Friday 21st June 2024



'In him was life; and life was the light of men. And the light shineth in darkness'. (John 1:4-5)

Executive Headteacher of St Leonard's CE (A) First School Manifold C of E Academy: Mrs Kelly Stanesby

Chair of Governors: Mrs Sue Hey and Rev Jane Held

Designated safeguarding lead: Mrs Kelly Stanesby

Deputy safeguarding leads: Mrs Julie Amos and Miss Aimee Torr

Monday 24 th June 2024	Full uniform Flames class residential trip to Gulliver's Kingdom
Tuesday 25 th June 2024	Full uniform Flames class residential trip to Gulliver's Kingdom
Wednesday 26 th June 2024 Welly Wednesday	Welly Wednesday PE kit Flames class residential trip to Gulliver's Kingdom
Thursday 27 th June May 2024	Full uniform 9.00am - 11.45pm - New reception transition morning
Friday 28 th June 2024	PE kit 9.30am - 11.00am - Yr4 transition visit to Churnet View

Your lunch menu for the 24th June - 28th June 2024

Monday 24 th June	Tuesday 25 th June	Wednesday 26 th June	Thursday 27 th June	Friday 28 th June
Pizza and wedges	Pasta bolognaise	Roast of the day	Chicken curry and rice	Fish fingers, chips, beans and peas
Shortbread	Sponge	Chocolate mousse	Flapjack	Ice cream



Star Awards



Congratulations are sent out to the following children who won Star Awards this week:

Star of the Week Sparks	Llly E
Star of the Week Flickers	Charlie
Star of the week Flames	Rosabella
Spark to a flame Sparks Class	Eleanor G
Spark to a flame Flickers Class	Sophie
Spark to a flame Flames Class	Dylan

Attendance



Attendance target - 96%

This week's attendance is 98.5%

Happy Birthday

A very Happy Birthday Jack who celebrates his birthday this weekend.

Also, Mrs Crooks and Mrs Goldstraw share the same birthday this week so a very Happy Birthday to them too on their 21st birthdays!!!!



Well Done!

Well Done to James who competed in his first fell race at the weekend. He took part in the Weaver Hills Fell Race (under 9). A fell race is also known as "Hill running" and Weaver Hill is certainly a steep one of those so what a great achievement James. Fantastic job!



Sports afternoon

We had a fantastic time at the sports afternoon on Wednesday. The sun turned up as did loads of supportive parents.

The children took part in sack races, egg and spoon races, sprinting, skipping, javelin and the one which everyone seemed to have the most fun, tug of war. There was a toddler race, a Mums and Dads tug of war and a staff tug of war.

Special thanks to Mr Walker who hosted the best games ever!





Year 4 leaver's treat

This year the year 4 girls decided they would like to go ice skating as their leaver's treat. So, on Monday 15th July we are taking them to Uttoxeter ice rink. There will be no charge to drop off and pick up time for parents as we leave at 9.15am and return at 1.00pm after having lunch out.

They will need warm attire please, ie hat, coat, gloves.



ASM holiday club



JOIN US TO CELEBRATE SUMMER

MULTI SPORTS HOLIDAY CLUBS

Come and join us for some sports, games and activities from **July 22-August 30**. Our action-packed program gives children the chance to remain active, develop skills and make new friends within a safe and secure program. We aim to provide an environment where everyone is challenged and given an enjoyable experience.

MULTI SPORTS	ALTERNATIVE SPORTS	OLYMPIC SPORTS	ENRICHMENT ACTIVITIES
			

HOLIDAY ACTIVITIES AND FOOD Children eligible for free school meals can access up to 16 places. Includes a healthy meal and drink

Ofsted Registered We accept payment of childcare vouchers from most schemes. Applies at selected venues

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Flames concert at The Victoria Hall

On Thursday Flames class visited The Victoria Hall and performed, very bravely, in front of lots of other schools and parents. They sang "Si Si Si" an African folk song, "When I grow up" from Matilda the musical and "Don't stop me now" by Queen.

They then played their trombones to "Singing Dog", "Mini March", "Blues" and "A Keelie".

They children loved being on stage and watching the other schools perform too.



Leaver's service

The leavers service will take place on Thursday 18th July at 2.30pm. All are welcome to bid our year 4 children a fond farewell but remember to bring the tissues, these events have a habit of making the grown ups a little teary!



Summer Term 2024

Term ends - Friday 19th July

Inset Day - Monday 22nd July

Holiday - Tuesday 23rd July - Friday 30th August

Dates for the diary

Monday 24th June - Wednesday 26th June - Year 3 / 4 residential trip to Gulliver's Kingdom

Thursday 27th June - Transition for new Reception 9.00am - 11.45am

Tuesday 2nd July - Wednesday 3rd July - Year 4 transition days to middle school

Thursday 4th July - Transition for new Reception 9.00am - 1.00pm

Thursday 11th July - Transition for new Reception 9.00am - 1.00pm

Wednesday 17th July - Sports festival

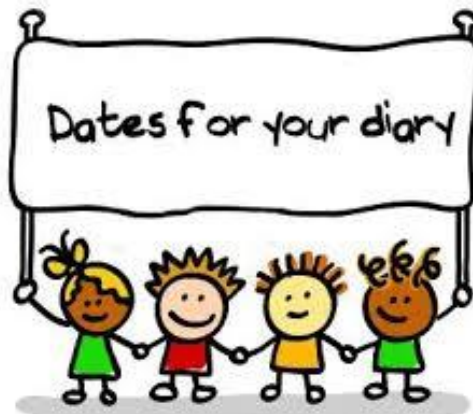
Thursday 18th July - Leaver's service

Friday 19th July - Whole school disco

Friday 19th July - Break up for Summer holidays



Please note that some dates may change.



National Online Safety

A recent Sport England study found that less than half of children in the UK currently meet the Chief Medical Officers' guidelines of taking part in an average of 60 minutes or more of sport and physical activity a day. While this figure may see a rise during the Euros, taking this chance to get children and young people engaged in regular exercise could cement the increase in a more permanent way.

However, it can be tricky to know where to start, or how best to encourage young people to stay active - so, this guide is here to offer some tips. This week, we're sharing expert advice on how to promote exercise and the importance of physical wellbeing for the younger generation.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

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Sparks Class



Sparks class have been learning about Australia and making their own boomerangs! They learned that although Australia is much bigger than the UK their population is 27 million and the UK's 60 million! They looked at Sydney harbour bridge and the animals inhabiting the country.



Flickers Class

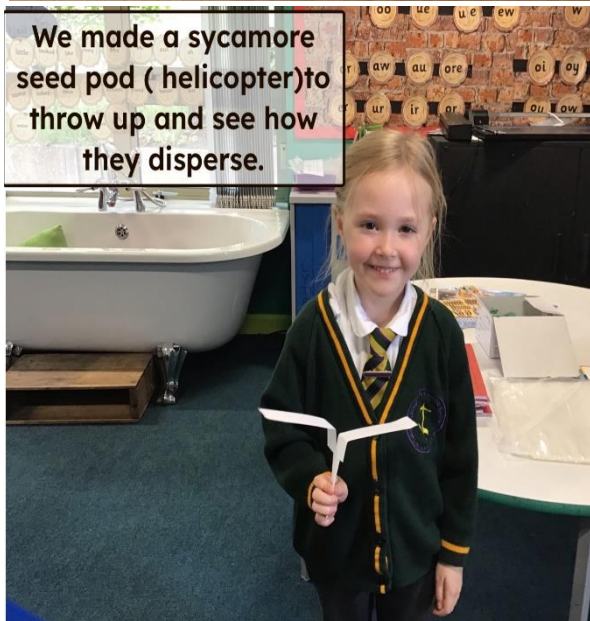


Flickers class have been learning about seeds and pollination. They made their own sycamore seed pod to throw up and see how they disperse.

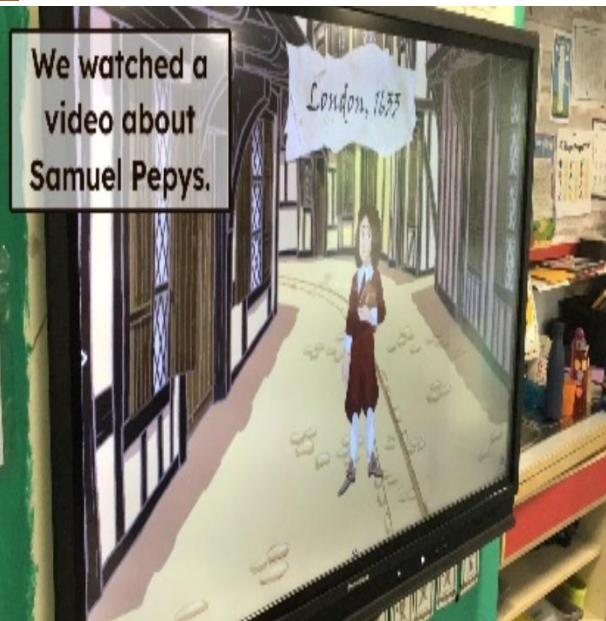
They have also been continuing their learning about *The Great Fire of London* and Samuel Pepys.

Samuel Pepys is famous for his account of *The Great Fire of London* 1666.

Maths this week was in the form of money and working out how much money they would need to buy toys in their pretend shop.



We made a sycamore seed pod (helicopter) to throw up and see how they disperse.



We watched a video about Samuel Pepys.

Flames Class



Flames class have been finishing off their Lowry paintings with the different pencil and painting techniques they have learned. They have also been Creating art work Measuring mass using scales. Toby brought in some Genuine World War 2 treasures, a hard hat, a whistle and a gas mask which belonged to his Great Grandad. They were fascinating to look at and talk about and the tin hat was very heavy!

